

## ALLE CATEGORIEEN MANNEN

punten	100	110h	200	400	400h	800	1500	3000st	5000	10000	mar	100km	hoog	pss	ver	hss	kogel	discus	hamer	speer	10k
<b>500</b>	10.31	13.81	20.78	46.17	50.61	1:47.46	3:40.52	8:35.15	13:30.73	28:21.12	2:13:30	6:33:55	2.21	5.39	7.83	16.39	18.81	59.41	70.10	76.37	7504
<b>400</b>	10.46	14.09	21.12	46.93	51.64	1:49.17	3:44.30	8:46.76	13:45.20	28:54.43	2:16:25	6:43:29	2.15	5.21	7.60	15.92	17.97	56.69	66.90	72.85	7179
<b>300</b>	10.62	14.37	21.47	47.70	52.70	1:50.93	3:48.17	8:58.65	14:00.02	29:28.55	2:19:23	6:53:16	2.10	5.02	7.36	15.45	17.13	53.96	63.70	69.32	6852
<b>200</b>	10.78	14.66	21.82	48.49	53.78	1:52.73	3:52.14	9:10.83	14:15.21	30:03.53	2:22:26	7:03:19	2.04	4.84	7.13	14.97	16.29	51.23	60.40	65.79	6523
<b>100</b>	10.87	14.81	22.00	48.90	54.33	1:53.65	3:54.17	9:17.05	14:22.96	30:21.36	2:24:00	7:08:26	2.01	4.75	7.01	14.73	15.44	48.50	57.18	62.26	6193
<b>50</b>	10.95	14.96	22.19	49.31	54.90	1:54.58	3:56.22	9:23.35	14:30.81	30:39.44	2:25:35	7:13:38	1.98	4.65	6.90	14.49	15.02	45.76	53.93	58.72	5861

## CADETTEN / SCHOLIEREN JONGENS

punten	100	110h	200	400	400h	800	1500	2000st	3000	hoog	pss	ver	hss	kogel	discus	hamer	speer	10k			
<b>200</b>	11.04	15.11	22.37	49.72	55.46	1:55.52	3:58.30	6:07.54	8:32.33	1.96	4.56	6.78	14.25	14.60	43.02	50.68	55.18	5527			
<b>150</b>	11.12	15.26	22.56	50.14	56.04	1:56.47	4:00.41	6:11.74	8:37.05	1.93	4.46	6.66	14.01	13.76	40.28	47.43	51.63	5193			
<b>100</b>	11.21	15.42	22.75	50.57	56.62	1:57.45	4:02.55	6:16.01	8:41.83	1.90	4.37	6.54	13.77	12.91	37.53	44.17	48.08	4858			
<b>50</b>	11.3	15.58	22.95	51.00	57.22	1:58.43	4:04.73	6:20.35	8:46.69	1.87	4.28	6.43	13.53	12.06	36.16	42.54	46.30	4689			
<b>25</b>	11.39	15.74	23.14	51.44	57.82	1:59.43	4:06.94	6:24.75	8:51.63	1.84	4.19	6.32	13.29	11.63	34.78	40.91	44.53	4521			

## MASTERS MANNEN\*

punten	100	110h	200	400	400h	800	1500	3000st	5000	10000	mar	100km	hoog	pss	ver	hss	kogel	discus	hamer	speer	10k
<b>200</b>	11.12	15.26	22.56	50.14	56.04	1:56.47	4:00.41	9:36.21	14:46.84	31:16.36	2:30:11	7:24:14	1.93	4.46	6.66	14.01	13.76	40.28	47.43	51.63	5193
<b>150</b>	11.21	15.42	22.75	50.57	56.62	1:57.45	4:02.55	9:42.79	14:55.04	31:35.23	2:31:58	7:29:40	1.90	4.37	6.54	13.77	12.91	37.53	44.17	48.08	4858
<b>100</b>	11.3	15.58	22.95	51.00	57.22	1:58.43	4:04.73	9:49.46	15:03.36	31:54.39	2:33:46	7:35:10	1.87	4.28	6.43	13.53	12.06	36.16	42.54	46.30	4689
<b>50</b>	11.39	15.74	23.14	51.44	57.82	1:59.43	4:06.94	9:56.24	15:11.81	32:13.85	2:35:36	7:40:45	1.84	4.19	6.32	13.29	11.63	34.78	40.91	44.53	4521

\* PRESTATIE HERREKEND VOLGENS AGE FACTOR

BV. 400 MANNEN M50 komt een prestatie van 57,00 sec overeen met 50.78 sec, dus 100 euro.